



## Looking after your child - Personal Care

At Appletree Nursery School, staff who are responsible for the personal care of children will undertake their duties in a sensitive and professional manner. Children will be treated with sensitivity and respect when receiving support with personal care.

Appletree Nursery School has written a policy to ensure that best practice and procedures are carried out at the Centre. This policy complies with the legal requirements of the **Early Years Foundation Stage** statutory framework, which is available on request.

Appletree Nursery School defines personal care as being any activity which children are unable to do themselves due to age, physical disabilities, special educational needs or needs arising from the child's stage of development. **Examples of personal care include changing nappies, wiping children who have soiled and applying sun cream in hot weather.**

We have pleasant changing areas—which we keep 'open' to view. Adults inform others of what they are going to do. We aim to make all personal care experiences as relaxed as possible.

We would like your consent to be able to provide personal care - as / when necessary-for your child.

**During the Summer months it is essential to protect your child from the sun. Please send your child with a sun hat and applied sun cream each session they attend.**

**Please sign and return the slip below if you give permission for staff to apply sun cream during the session if your child attends for a full day - 8.30am to 3.30pm.**

Please do not hesitate to ask for further information / advice if you are concerned about Personal care for your child.

Child's Name: .....

I agree to my child being provided with Personal Care when necessary.

Parent Signature: .....

Date: .....

I am giving permission\* / not giving permission\* for staff to apply sun cream to my child.

Signed.....