



# Birthday Snack

Dear Parents,

We recognise that your child's birthday is a special time, therefore we do allow you to bring in a birthday cake where a slice will be given out at the end of the session to each child to take home. However, as we are a Healthy Eating School below are ideas you could have as an alternative to a birthday cake.

Snack	You provide:	We provide:
Cheese and grape hedgehog	Cheese & a bag of grapes	Cocktail Sticks
Veggie sausage and tomato on sticks	A bag of cherry Tomatoes & Vegetarian Sausages	Cocktail Sticks
Party pizza slices	A couple of baguettes and a assorted vegetables and cheese topping	A tube of tomato puree
Popcorn	Plain popping corn ( not salted/ flavoured)	
Cheese sticks / straws/ scones	Home baked	
Fruit skewers	Plain Yogurt Dip	Fruit Skewers

If you choose to have the ideas we have suggested, to have at snack time, please see a nursery staff member [the week before](#) your child's birthday.

Thank you