

## COMMUNICATION & LANGUAGE

### Activity – Kim's Game:

Taking turns and social interaction are very important skills to learn. Cover some objects with a tea towel. Remove one. Can your child guess what is missing?



## PSED

### Cosmic Yoga:

At nursery, we enjoy taking part in Cosmic Yoga. Yoga moves and mindfulness taught through a fun story.

Enjoy some yoga with Pedro the Penguin. [Pedro the Penguin | A Cosmic Kids Yoga Adventure! - Bing video](#)

## PHYSICAL DEVELOPMENT

**Healthy Eating:** Preparing ingredients is a great way to support muscle development.



Try making a fruit salad or some yummy fruit kebabs. Help your child to peel, cut and thread each piece of fruit on a skewer. Enjoy!

**Appletree challenge:** Can you make a pattern?

## USEFUL LINKS

**Nrich:** [NRICH - Mathematics Resources for Teachers, Parents and Students to Enrich Learning \(maths.org\)](#)

### Hungry Little Minds

#### **Appletree Facebook:**

Remember to check our Facebook page for stories and rhymes recorded for you by the Appletree team.

#### **Wash your hands song:**

Remember you can sing Row, Row, Row your boat two times when washing your hands.

## MATHS

### Activity 1 – Number action songs

One of the best ways to learn about numbers is through songs and rhymes. Here are some favourite number songs we sing in nursery:

1. 5 currant buns in a bakers shop.
2. 10 little monkeys jumping on the bed.
3. 1, 2, 3, 4, 5 once I caught a fish alive.
4. 5 little ducks went swimming one day.
5. 5 green and speckled frogs.

**Appletree challenge!** Can you draw 5 green frogs? 10 little monkeys?

### Activity 2 – Say how many, without counting:

Hide a few pieces of dry pasta under a cup. Quickly lift and replace the cup. Can your child guess how many? Take turns changing



## Hairy Maclary

These activities support the skills your child would be working towards. They can be repeated as many times as your child wants to embed their knowledge and learning.

## UTW

### **Floating and sinking:**

Some things float and some things sink. Can you go on a hunt around your house to find somethings that you think will float and some that will sink. Try them out and remember to let us know what you found.

**Appletree challenge!** Can you use some tin foil to make a little boat and see if it floats?

## PHONICS

**Voice Sounds 1:** Take turns to see what sounds you can make with your voice.

- How you sound going down a slide: Wheee!
- What sound is a bouncy ball? – boing!
- Hiss like a snake – ssssss
- Keep everyone quiet – shshshsh
- Moo like a cow – mmmoooo
- Be a steam train – chchchchch
- Buzz like a bumble bee – zzzzzzz
- Be a clock – tick tock.

Now, do the sounds again and try to guess what sound is being made.

#### Phonics Play

<https://www.phonicsplay.co.uk/resources/phase/1/welcome-to-the-zoo>

Username: pupil1

Password: appletree

the piece of pasta and guessing. There is no right or wrong, guessing closely is the aim.		
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