



**Willow Lane**  
Community Primary School



**Willow Lane CP School**

Willow Lane,  
Lancaster,  
LA1 5PR  
[bursar@willow.lancs.sch.uk](mailto:bursar@willow.lancs.sch.uk)  
0152465880

**Headteacher:** Lucy Naylor  
[head@willow.lancs.sch.uk](mailto:head@willow.lancs.sch.uk)

**Appletree Nursery**

Milking Stile Lane,  
Lancaster,  
LA1 5QB  
[bursar@appletree.lancs.sch.uk](mailto:bursar@appletree.lancs.sch.uk)  
0152464132

17.07.2024

Dear parents/carers,

It is important for children to have a balanced, varied diet to make sure they get all the nutrients and energy their bodies need to grow, work properly, maintain a healthy weight, and feel good. We know that eating habits are established early in life, so by giving your child a healthy diet now, we can increase their chances of having a healthy diet later in life.

We would like to make you aware of the following for the new 2024/2025 academic year.

**Drinks** – All children will be offered free milk in both the morning and afternoon session. They can choose to bring their own bottle of water if they choose. Please do not send fruit shoots. Juice and fizzy drinks will be replaced with water.

**Snacks** – We provide fresh fruit and vegetables, breadsticks and plain crackers at snack time so you do not need to provide any additional snacks.

**Packed lunches** – To support our healthy eating policy, please do not put unhealthy items such as crisps, chocolate bars, sweets and juice/fizzy pop in your child's lunch box.

**Baking** – Baking is a valued learning experience; however, all baked cakes and biscuits will be sent home with your child.

**Birthdays** – We recognise that your child's birthday is a special time and we love to celebrate with them. If you would like to bring in a birthday cake or sweets, these will be given out at the end of the session for each child to take home.

Thank you for your support,  
Appletree Nursery school.

